

# INTRODUCING:



*Patients expect regenerative results... without regenerative physiology. VITAL360Rx offers a seamless, evidence-based way to enhance patient recovery, while creating a new revenue stream for your practice.*

## THE PROBLEM:

### *Why Regenerative Procedures Underperform*

*Because patients often have:*

- **Chronic inflammatory load**
- **Low muscle protein reserves**
- **Compromised healing signaling**
- **Poor tissue oxygenation**
- **No structured nutritional optimization**

## THE SOLUTION:

Vital360Rx was designed to:

- **Support connective tissue during recovery**
- **Support muscle integrity during reduced activity**
- **Support the body during inflammatory signaling phases**
- **Support rehabilitation efforts**

***Vital360Rx does not replace regenerative therapy. It complements the procedure by supporting the body during recovery.***

***Regenerative therapies initiate a biologic signaling cascade intended to stimulate tissue remodeling.***

*During this period, patients may experience increased physiologic demand for:*

- Protein & amino acids
- Collagen-supporting nutrients
- Micronutrient cofactors
- Metabolic recovery support

**Vital360Rx offers a structured recovery protocol that could support patients during the remodeling and stabilization phase following interventional procedures.**



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# Clinical studies indicate that protein, essential vitamins, and minerals play a significant role in enhancing regenerative therapies.

## Protein's Role

Protein is crucial for tissue repair and regeneration. It provides amino acids necessary for the synthesis of new tissues and supports muscle recovery post-injury. Studies suggest that adequate protein intake can improve outcomes in regenerative therapies.

## Vitamins and Minerals

- Essential vitamins (like Vitamin D and C) and minerals (such as calcium and magnesium) are vital for bone health and cellular functions. They contribute to the healing process by supporting immune function and reducing inflammation.
- For instance, Vitamin D is linked to bone regeneration, while Vitamin C is important for collagen synthesis, which is crucial for tissue repair.

## Combined Effects

The synergistic effect of protein, vitamins, and minerals can enhance the efficacy of regenerative therapies. This combination may lead to improved healing rates and better functional outcomes in patients.



## Top 16 Supplements to Consider for Post-Procedure Recovery

### 1. Vitamin C

Supports collagen formation and connective tissue repair. Essential for healing ligaments and tendons.

### 2. Zinc

Plays a role in wound healing and tissue regeneration. A deficiency can slow recovery.

### 3. Vitamin D

Supports bone metabolism and immune function. Pairs well with calcium to maintain bone health.

### 4. Calcium

Helps strengthen bones especially important if your procedure addressed joint degeneration or bone support.

### 5. Ca-HMB

Preserves lean muscle mass, reduces breakdown..

### 6. Quercetin

Potent antioxidant, antihistamine, anti-inflammatory.

### 7. Bromelain

A natural enzyme from pineapple that may reduce post-procedure swelling and discomfort.

### 8. Copper (Gluconate)

Connective tissue formation, red blood cell production.

### 9. Collagen Peptides

Supports joint, tendon, and ligament structure. Especially useful when paired with Vitamin C.

### 10. Probiotics

Improves gut health, which plays a role in immune function and nutrient absorption during recovery.

### 11. Pine Bark Extract

Enhances circulation, reduces oxidative stress, supports tissue repair.

### 12. Magnesium

Supports muscle relaxation and nerve function. May help reduce muscle cramps and promote sleep.

### 13. Grape Seed Extract

Antioxidant, vascular health, collagen protection.

### 14. B-Complex Vitamins

Supports cellular energy production, helping your body generate fuel for recovery.

### 15. Turmeric Essential Oil

Anti-inflammatory, antioxidant, enhances bioavailability.

### 16. Zinc Picolinate

Wound healing, immunity, protein and DNA synthesis.



# Vital360Rx

Fueling Recovery. Elevating Outcomes.

Vital360Rx® was designed to support patients during the 6–8 week remodeling window – when tissue repair and rehabilitation place higher demands on the body.

- Week 1–2: Acute Response Phase
- Support during initial inflammatory signaling
- Week 3–6: Remodeling Phase
- Support collagen and tissue recovery
- Week 6–8: Stabilization Phase
- Support muscle and functional recovery



**2 Scoops**      **8-12 oz of water, milk, or non-dairy beverage**      **Shake or blend**

**CHEF'S TIP:** Versatility is key. Core360 can be added to yogurt, smoothies, pudding, nut butter, and more!

**Recommended Daily:**  
Take 3 Capsules with water, preferably with food, or as directed by your physician.

